

TSAKOS ENERGY NAVIGATION (TEN)  
INDUSTRIALS - TRANSPORTATION - TRANSPORTATION-SHIP

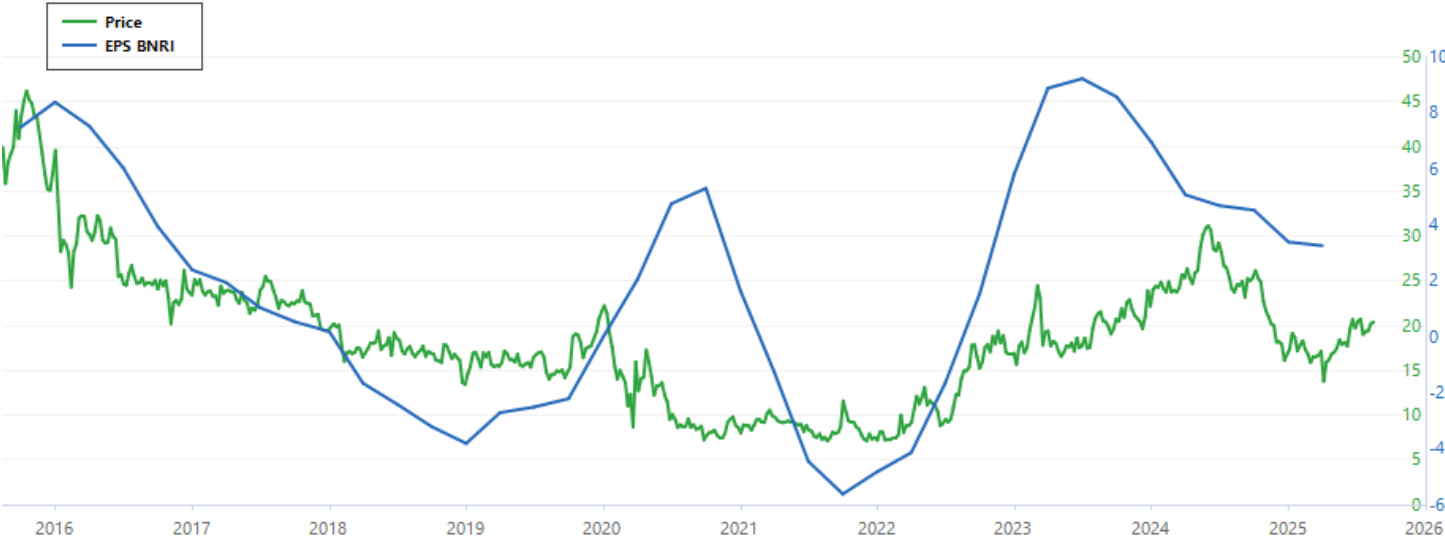
Company Description

Tsakos Energy Navigation is a leading provider of international seaborne crude oil and petroleum product transportation services. It was incorporated in 1993 as an exempted company under the laws of Bermuda under the name Maritime Investment Fund Limited. In 1996, Maritime Investment Fund Limited was renamed MIF Limited. Their common shares were listed in 1993 on the Oslo Stock Exchange and the Bermuda Stock Exchange although they delisted from the OSE in March 2005 due to limited trading. The Company's shares are no longer actively traded on the Bermuda exchange. In July 2001, the Company's name was changed to Tsakos Energy Navigation to enhance their brand recognition in the tanker industry, particularly among charterers.

Latest Price <i>as of()</i> \$22.25 <span>↓</span> <span>()</span> <span>()</span>	Prior Close \$22.25	Open \$21.76	Volume	Annual Div. \$1.20	Mkt Cap (\$Mil) 670	Zack Rank - Sell <div><div></div><div></div><div></div><div>4</div><div></div></div>	Zacks Sector Rank Bottom 19% (14 out of 16)	Style Scores Value: <div>A</div> Growth: <div>F</div> Monumentum: <div>A</div> VGM: <div>B</div>
52 Week Range \$13.40 <span></span> \$26.90 <div><div></div><div></div></div> 04/07/2025 <span></span> 10/04/2024	Day Range \$21.76 <span></span> \$22.32 <div><div></div><div></div></div>	Avg Volume 325,580	Div. Yield 5.39%	Beta -0.07	Zacks Recommendation Neutral (Since 08/25/25)	Zacks Sub-Industry Rank Bottom 24% (190 out of 246)		

Total Return	TEN	SP 500
% Total Return MTD	15.29%	2.11%
% Total Return QTD	19.07%	4.42%
% Total Return YTD	31.78%	10.75%
% Total Return 1 Year	-2.66%	16.92%
% Total Return 3 Year	80.16%	61.76%
% Total Return 5 Year	155.75%	107.96%
Volume		
Avg Daily Volume	325,580	
Shares Outstanding	30.13	
Avg Volume / Shares Out	1.08%	
Broker Recommendation		
Broker Rating (Avg)	2.33	
Upgrades (4 weeks)		
Downgrades (4 weeks)		
Target Price		
Price Target (mean)	\$31.00	
Target Up/Down Potential	0.39%	
Holders		
Held by Insiders	1.00%	
Held by Institutions	19.24%	
Zacks Institutional Transaction Rank	55.4	

Price and Earnings Chart



Insider Trading Stats

Net % Chg Holdings - Last 12 wks	
# of Inside Buyers - Last 12 wks	
# of Inside Sellers - Last 12 wks	
Zacks Insider Rank	4
Dividends	
Annualized Div Growth - 3 Years	162.07%
Annualized Div Growth - 5 Years	53.37%
# of Dividend Increases - 3 Years	2
# of Dividend Increases - 5 Years	2
Last Dividend Amount	\$0.00
Next Dividend Amount	\$0.60
Next Dividend Ex-Date	07/14/2025
Zacks Earnings & Dividend Score	7

Actuals

Earnings Per Share	Actual	Y/Y %
Last Quarter (03/2025)	0.92	-12.38%
Prior Quarter (12/2024)	0.42	-73.08%
Last Year (12/2024)	3.38	-51.71%
Prior Year (12/2023)	7.00	16.47%
Sales		
Last Quarter (03/2025)	161	0.89%
Prior Quarter (12/2024)	154	-16.18%
Last Year (12/2024)	804	-9.61%
Prior Year (12/2023)	890	3.39%
Long Term Growth Rate		
EPS - 5 Year	6.46%	
Sales - 5 Year	9.72%	

Estimates

Earnings Per Share	Estimate	Y/Y %
Current Quarter (06/2025)	0.59	-53.17%
Next Quarter (09/2025)	0.67	
Current Year (12/2025)	3.65	7.35%
Next Year (12/2026)	6.97	90.96%
Sales		
Current Quarter (06/2025)	157	-9.14%
Next Quarter (09/2025)	166	0.46%
Current Year (12/2025)	672	3.15%
Next Year (12/2026)	791	17.81%
Long Term Growth Rate		
EPS - 3 to 5 Year Estimate		
EPS - 3 to 5 Year - 1stDev		

Key Ratio Data

Valuation	TEN	5yr Med
Price / Earnings (F12M)	3.79%	3.00%
PEG Ratio (F12M)	0.38%	
Price / Book Value (TTM)		0.29%
Margins (TTM)		
Gross Margin	54.83%	
Net Margin - BNRI	15.49%	17.57%
Leverage		
Long Term Debt/Equity		
Total Debt / Capital Assets to Equity		
Return		
Return on Equity	14.17%	14.39%
Return on Assets	6.63%	6.73%
Return on Capital	7.57%	7.75%